

NORTH HARBOUR GYMNASTICS CENTRE (INC)

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Gymnasium
NORTH HARBOUR GYMNASTICS
CENTRE
Silverfield, Glenfield
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Dear Parents/ Caregivers

Holiday Program 28th September – 1st October and 5th – 8th October

9am – 3pm Weekdays

*Please note, we are not running a holiday program on Fridays this term

We are pleased to be able to offer a gymnastics holiday program for the up coming school holidays. Our program will include a mixture of artistic and rhythmic gymnastics, games and a different activity each day of the week, including a trip to the movies, and ten-pin bowling.

Week 1

Monday – Gymnastics classes and games day

Tuesday – Art class plus gymnastics classes including rhythmic and artistic gymnastics
(Please provide old clothes for painting in)

Wednesday – Movies, cinema movie with popcorn and gymnastics class to follow
(We will make our own popcorn to take to the movies)

Thursday – Gymnastics classes with crafts in the afternoon

Week 2

Monday - Art class plus gymnastics classes including rhythmic and artistic gymnastics
(Please provide old clothes for painting in)

Tuesday – Gymnastics classes with crafts in the afternoon

Wednesday – Gymnastics classes and games day with a competition in the afternoon

Thursday – Ten-pin bowling gymnastics classes in the afternoon

Children will need to bring their own lunch and morning tea. Loose fitting clothing should be worn while in the gym, bare feet, no jewelry, and hair tied up. Depending on the activity please ensure they wear appropriate clothing and have comfortable closed walking shoes as well as warm wet weather gear just in case. Children will be under adult supervision at all times with a ratio of 5:1 adults. We will use buses to transport the children to activities.

Price:

9am – 3pm: \$35 per day excluding cost for activities

(\$10 Discount when booking upfront for the full week, i.e. Monday - Thursday)

Prices for activities:

Week 1

Wed 30th – Movies \$14

Week 2

Thurs 8th – Ten-pin bowling \$14

Please note we reserve the right to amend the program or cancel outings if there are insufficient numbers or unfavorable weather conditions.

If you have any questions or need more information please see Gen in the office or call 4432570.

Holiday Program Enrolment Form

Medical Information and Treatment Consent

The following information and consent is requested to ensure the health and well-being of all children. The information contained is confidential and will only be used to safe guard and promote the gymnasts health and well-being should the need arise.

Childs Name: _____ **Age and Date of Birth:** _____

Parents Names and Contact Details: _____

Second Emergency Contact: _____

Please tick if your child suffers from any of the following:

Migraine	<input type="checkbox"/>	Epilepsy	<input type="checkbox"/>	Chronic nose bleeds	<input type="checkbox"/>
Travel Sickness	<input type="checkbox"/>	Fits of any type	<input type="checkbox"/>	Dizzy Spells	<input type="checkbox"/>
Asthma	<input type="checkbox"/>	Diabetes	<input type="checkbox"/>		

Other pre-existing illness or medical condition (please specify) _____

Is your son/daughter currently taking any medication? Yes No

If yes please specify: _____

Please tick if your son/daughter is allergic to any of the following:

Prescription Medicine	<input type="checkbox"/>	Food	<input type="checkbox"/>	Insect bites/stings	<input type="checkbox"/>
Plants	<input type="checkbox"/>	Other allergies	<input type="checkbox"/>		

Give details of allergy: _____

What treatment is required? _____

All supervisors while out of the gym will be 18 years + and first aid certified. The groups will have a minimum ratio of 1:5 while on excursion.

Please note that while we take every precaution to ensure your child's safety both inside and outside North Harbour Gymnastics Club will not be held liable for any loss of, damage to or injury to any persons or property while your child is in our care. By signing this form you agree to the terms above:

(Parent/ Guardian Signature): _____

Please circle the following options for enrolment in the holiday program:

Weeks: Week 1 Week 2 Both weeks

Days on Week 1

Monday 28 th	Tuesday 29 th	Wednesday 30 th	Thursday 1 st	All Week
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Days on Week 2

Monday 5 th	Tuesday 6 th	Wednesday 7 th	Thursday 8 th	All Week
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Price:

9am – 3pm: \$35 per day excluding cost for activities
(\$10 Discount when booking upfront for the full week)

Prices for activities:

Week 1

Wed 30th – Movies \$14

Week 2

Thurs 8th – Ten-pin bowling \$14

Please note we reserve the right to amend the program or cancel outings if there are insufficient numbers or unfavorable weather conditions.