



NORTH HARBOUR GYMNASTICS CENTRE SCHOOL HOLIDAY PROGRAM

Have fun these school holidays 😊

WHEN: Week 1 - 15th to 18th April

Week 2 - 23rd & 24th April only

WHERE: Main Gym - **Whangaparaoa**
31-35 David Sidwell Place,
Stanmore Bay

COST: \$30 Half Day 9:00am - 12:00pm
\$50 Full Day 9:00am - 4:00pm



- Payment is required on booking.
- No refund will be given for cancellations made within 24 hrs of the start of the program.
- A 50% refund will be made for cancellations made prior to this.
- We reserve the right to amend the program if there are insufficient numbers.
- Children must be dropped off and collected on time.
- Late pick up penalties will apply.

WHO: 5 to 12 YEARS
MEMBERS AND NON-MEMBERS WELCOME

CONTACT: lynn@nhgym.co.nz

Queries or completed booking forms can be emailed to:
lynn@nhgym.co.nz or call Ph: +64 9 600 8113

PROGRAM:

DAY	MORNING	AFTERNOON
Monday	Gym Classes	Treasure Hunt
Tuesday	Gym Classes	Art and craft
Wednesday	Gym Classes	Cookie decorating
Thursday	Gym Classes	Games
Friday	Gym Classes	Poster Art

WHAT TO BRING AND WEAR:

- Packed lunch, morning tea and a drink
- Suitable clothes for gymnastics, e.g. shorts/leggings, t-shirt, leotard
- Bare feet in the gym
- Long hair tied back
- No jewellery
- Suitable clothing for Arts and Craft and Cookie Decorating days, i.e. clothing that you don't mind getting dirty.

(Morning Sessions 9am to 12pm) Gymnastics Only:

Our morning sessions are artistic gymnastics. This will include a warm up and warm down and a morning tea break and will concentrate on skills on all apparatus. These sessions are open to beginners and existing gymnasts and groups will be based on ability and/or age.

(All Day option 9am to 4pm) Above Morning Session and Afternoon Fun Sessions:

Our afternoon sessions will include Art and Craft sessions, Cookie Decorating, Treasure Hunt/Obstacle Courses and Games Sessions and a Mini Competition on different days and will include more time on gymnastics apparatus.



Booking Form (Whangaparaoa) (Page 1 - Personal & Emergency Info)

Medical Information and Treatment Consent

The following information and consent is requested to ensure the health and well-being of all children. The information contained is confidential and will only be used to safe guard and promote the gymnasts health and well-being should the need arise.

Child's Name	Date of Birth	Age

Parent/Guardian Name/s	
Contact Phone	
Email	
Emergency Contact Name	
Emergency Contact Phone	

Does your child suffer from any medical conditions or allergies?

Yes No

If yes please specify:

Is your son/daughter currently taking any medication?

Yes No

If yes please specify:

All supervisors are first aid certified.

Please note that while we take every precaution to ensure your child's safety, North Harbour Gymnastics Centre will not be held liable for any loss of, damage to, or

injury to any persons or property while your child is in our care. By signing this form you agree to the terms above:

(Parent/ Guardian Signature):

Payment to be made on booking to:
Gymnastics Community Trust ASB 12 3050 0283567 00

Please include Hol P Whanga and your child's name as a reference.

Payment is required in full to confirm the booking.

BOOKING FORM (Whangaparaoa) (Page 3 - January Dates Required)

Childs Name: _____ Age: _____

Childs Name: _____ Age: _____

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Please tick the following options for enrolment in the holiday program:

April 2019 - Whangaparaoa

DAY	DATE	half	full
WEEK 1:			
All Week - 4x days	15th to the 18th		
Monday	15th		
Tuesday	16th		
Wednesday	17th		
Thursday	18th		
WEEK 2:			

DAY	DATE	half	full
All Week - 2 days only	23rd & the 24th Only		
Tuesday	23th		
Wednesday	24th		

Email completed booking form to lynn@nhgym.co.nz or drop it in to the office.