

# NHG Gymnastics

**SUMMER 2021/22 / HBC**

## SCHOOL HOLIDAY PROGRAM

Have fun these school holidays jumping, bouncing, rolling and having fun!

- WHEN:** DECEMBER: 21 - 23  
JANUARY:  
Week 1: Mon 10th - Fri 14th  
Week 2: Mon 17th - Fri 21st  
Week 3: Mon 24th - Fri 28th  
Week 4: Tues 1st - Fri 4th Feb
- WHERE:** NHG Gymnastics Unit-1/31-35 David Sidwell Place, Stanmore Bay,  
Whangaparaoa 0932
- COST:** \$30 Half Day 9:00am - 1:00pm  
\$60 Full Day 9:00am - 4:00pm
- WHO:** 5 to 12 YEARS MEMBERS AND NON-MEMBERS WELCOME
- CONTACT:** Queries or completed booking forms can be  
emailed to:  
hbc@nhgym.co.nz or call (09) 600 8113

**HAVE A BLAST THESE  
SCHOOL HOLIDAYS!**

### PROGRAM

DAY	MORNING	AFTERNOON
Monday	Gym Classes	Treasure Hunt
Tuesday	Gym Classes	Art & Crafts
Wednesday	Gym Classes	Wearable Arts
Thursday	Gym Classes	Sculpture Making
Friday	Gym Classes	Fort Building & Movies

**PLEASE READ THE NEXT PAGE FOR  
COVID-19 BOOKING UPDATES**

## BOOKING CHANGES DUE TO COVID-19

- Payment can be made via **ONLINE BANKING ONLY**
- When paying online PLEASE ensure you include the reference “[Childs Name] and HP EFS” This allows us to allocate payment correctly
- In order to book, you **MUST email the completed form to [info@nhgym.co.nz](mailto:info@nhgym.co.nz)**
- All bookings will be done electronically therefore paper forms handed into the office cannot secure a space for your child, so please email us your forms and pay via internet banking.

## VACCINATION MANDATES

Information on any vaccination mandates will be sent out in due course once we have all the information from the government. Please feel free to book now.

When the rules around any mandates are released for NHG we will inform all Holiday Program attendees. Should you be in disagreement with any of these mandates at this time we are happy to withdraw and refund your holiday program enrolment without penalty if cancelled within 7 days after any mandate information is communicated to you. After the 7 days our regular cancelation policy will apply.

## WHAT TO BRING AND WEAR:

- Packed lunch, morning tea and a drink
- Suitable clothes for gymnastics, e.g. shorts/leggings, t-shirt, leotard
- Bare feet in the gym / Socks for Trampoline
- Long hair tied back
- No jewellery
- Suitable clothing for Arts and Craft and Cookie Decorating days, i.e. clothing that you don't mind getting dirty.

## MORNING SESSION 9AM - 1PM: GYMNASTICS ONLY

Our morning sessions are artistic gymnastics. This will include a warm up and warm down and a morning tea break and will concentrate on skills on all apparatus. These sessions are open to beginners and existing gymnasts and groups will be based on ability and/or age.

## AFTERNOON SESSION 1 - 4PM: FUN AFTERNOON ACTIVITIES

Our afternoon sessions will include Art and Craft sessions, Wearable Arts, Treasure Hunt/Obstacle Courses, Fort Building, Movies and Games Sessions and a Mini Competition on different days and will include more time on gymnastics apparatus.

## Ts & Cs

- Payment is required on booking.
- No refund will be given for cancellations made within 24 hrs of the start of the program.
- A 50% refund will be made for cancellations made prior to this. (with the exception of cancellation due to vaccine mandates 7 days after communication as stated above)
- We reserve the right to amend the program if there are insufficient numbers.
- Children must be dropped off and collected on time.
- Late pick up penalties will apply.

# BOOKING FORM (HBC)

## Personal & Emergency Info

### Medical Information and Treatment Consent

The following information and consent is requested to ensure the health and well-being of all children. The information contained is confidential and will only be used to safe guard and promote the gymnasts health and well-being should the need arise.

CHILD'S NAME	D.O.B.	AGE	GENDER
<b>PARENT/GUARDIAN NAMES:</b>			
<b>CONTACT PH:</b>			
<b>EMAIL:</b>			
<b>EMERGENCY CONTACT NAME:</b>			
<b>EMERGENCY CONTACT PH:</b>			

1. Does your child suffer from any medical conditions or allergies? **YES** **NO**

If yes please specify: \_\_\_\_\_

2. Is your child currently taking any medication? **YES** **NO**

If yes please specify: \_\_\_\_\_

All supervisors are first aid certified.

Please note that while we take every precaution to ensure your child's safety, NHC Gymnastics will not be held liable for any loss of, damage to, or injury to any persons or property while your child is in our care. By signing this form you agree to the terms above:

**PARENT/GUARDIAN SIGNATURE** \_\_\_\_\_

# BOOKING FORM (HBC)

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Please **tick** your chosen option for enrolment in the Holiday Program:

## DECEMBER 2021

DAY	DATE	HALF DAY	FULL DAY
ALL WEEK	21 - 23rd Dec		
TUESDAY	21st		
WEDNESDAY	22nd		
THURSDAY	23rd		

## JANUARY 2022

### WEEK 1

DAY	DATE	HALF DAY	FULL DAY
ALL WEEK	10 - 14th Jan		
MONDAY	10th		
TUESDAY	11th		
WEDNESDAY	12th		
THURSDAY	13th		
FRIDAY	14th		

### WEEK 2

DAY	DATE	HALF DAY	FULL DAY
ALL WEEK	17 - 21st Jan		
MONDAY	17th		
TUESDAY	18th		
WEDNESDAY	19th		
THURSDAY	21th		
FRIDAY	21st		

# JANUARY 2022

## WEEK 3

DAY	DATE	HALF DAY	FULL DAY
ALL WEEK	24th - 28th Jan		
MONDAY	24th		
TUESDAY	25th		
WEDNESDAY	26th		
THURSDAY	27th		
FRIDAY	28th		

## WEEK 4

DAY	DATE	HALF DAY	FULL DAY
ALL WEEK	1st - 4 Feb		
TUESDAY	1st		
WEDNESDAY	2nd		
THURSDAY	3rd		
FRIDAY	4th		

Email completed booking form to  
[hbc@nhgym.co.nz](mailto:hbc@nhgym.co.nz)

## PAYMENT

Payment to be made on booking to:

**GYMNASTICS COMMUNITY TRUST ASB 12 3050 0283567 00**  
**PLEASE INCLUDE HOL P HBC AND YOUR CHILD'S NAME**  
**AS A REFERENCE.**

Payment is required in full to confirm the booking.